

SIGNIFICANT TIMES OF TRIAL ○

SIGNIFICANT TIMES OF GROWTH ▲

LIFE WAS AMAZING

LIFE WAS EASY

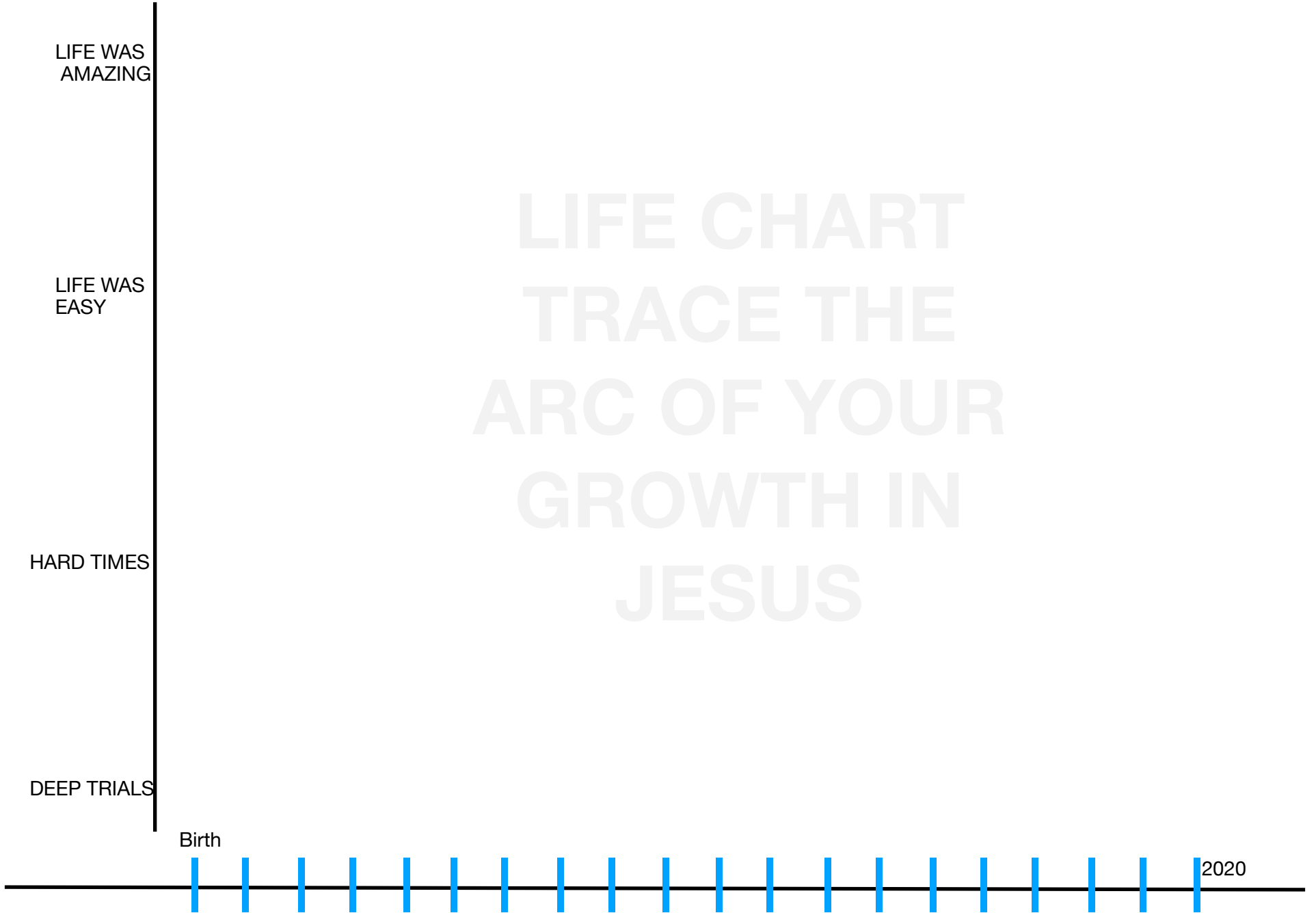
HARD TIMES

DEEP TRIALS

LIFE CHART  
TRACE THE  
ARC OF YOUR  
GROWTH IN  
JESUS

Birth

2020



## **LIFE CHART**

ON THIS PAPER WRITE DOWN SIGNIFICANT TIMES IN YOUR LIFE AS WELL AS THE TIMES OF SUFFERING. THESE COULD BE THE DAY YOU STARTED COLLEGE, YOUR FIRST JOB, YOUR FIRST REAL LOSS, DEATH OF A LOVED ONE, OR THE JOY OF MARRIAGE. WRITE THEM ALL BELOW.

SIGNIFICANT MOMENTS IN MY LIFE \_\_\_\_\_ YEAR

SIGNIFICANT LOSS IN MY LIFE \_\_\_\_\_ YEAR

ONCE YOU HAVE THEM WRITEN DOWN, PLOT THEM ON THE GRAPH TO SEE HOW GOD HAS BEEN GROWING YOU TO BE MORE LIKE CHRIST. GRIEVE THE SUFFERING AND REJOICE IN THE GROWTH. SHARE YOUR GROWTH WITH SOMEONE YOU TRUST.